



PHS Medical
by Pivotal Health Solutions

Getting to Know the EPD



What is the EPD?
Where are EPDs used?
How do you use an EPD?
Why are EPDs important?





WHAT IS THE EPD

(Epidural Positioning Device)?

The **Epidural Positioning Device, or EPD**, is a medical device that assists medical staff in correctly and safely positioning patients by encouraging cervical, thoracic and lumbar flexion while maintaining a solid and stable position.

EPDs provide medical staff with a safe and efficient way to help patients receive a successful epidural by allowing ideal body mechanics to be achieved through the controlled, stable device.

STAFF & PATIENT SAFETY

WHERE ARE EPDs USED?



Labor and Delivery

for epidural positioning



General Surgery/Operating Rooms

for spinal block and epidural positioning



Radiology/Ultrasound

for Thoracentesis procedure positioning



Pain Management Centers

for epidural, spinal and nerve block positioning

EPDs are useful in any situation where a patient needs to stay stable and steady in a seated position while a procedure or treatment is performed on their back.

EPDs can be used with patients up to 600 lbs. This is especially helpful for overweight patients that are harder for nurses and staff to support with traditional positioning methods.

MANUAL EPIDURAL POSITIONING DEVICE (EPD)

- Manually controlled height, chest, arm, foot and head support
- Weight: 54 lbs.
- Width: 20.5"
- Depth: 30"
- Height Range: 50"-60"
- Locking caster system allows for easy mobility
- For use with patients up to 600 lbs.



How do you use the EPD?

- 1) Position patient in an upright sitting position at the edge of the bed
- 2) Roll the EPD into place and lock the casters
- 3) Adjust the EPD to proper height
- 4) Have the patient lean forward - adjust the Face Cradle
- 5) Adjust the Arm Rests
- 6) Adjust the Foot Rests
- 7) Loosen the knob to push the chest cushion into the chest - making a nice curve in the back
- 8) Perform the Epidural procedure
- 9) Help the patient lean back, off the EPD
- 10) Unlock the casters by lifting up on brake lever, roll the EPD away from patient

ELECTRIC EPIDURAL POSITIONING DEVICE (E-EPD)

- Electronic controls adjust height and foot position
- Mechanical lock and release system adjust chest, arm and head pieces
- Battery charges in 6 hours and lasts between 40 to 100 cycles (based on load)
- Weight: 110 lbs.
- Width: 28"
- Depth: 29"
- Height Range: 50"-60"
- Locking caster system allows for easy mobility
- For use with patients up to 600 lbs.



How do you use the E-EPD?

- 1) Position patient in an upright sitting position at the edge of the bed
- 2) Roll the EPD into place and lock the casters
- 3) Adjust the EPD to proper height
- 4) Have the patient lean forward - adjust the Face Cradle
- 5) Adjust the Arm Rests
- 6) Adjust the Foot Rests
- 7) Loosen the knob to push the chest cushion into the chest - making a nice curve in the back
- 8) Perform the Epidural procedure
- 9) Help the patient lean back, off the EPD
- 10) Unlock the casters by lifting up on brake lever, roll the EPD away from patient



WHAT ARE PEOPLE SAYING?

"The benefit for my use is, employee body mechanics. The EPD holds the weight of the patient as oppose to staff trying to hold a sedated patient in place."

- Bernadette Heimel, RN<CNOR
Regina Medical Center

WHY ARE EPDs IMPORTANT?

Medical facilities are responsible for keeping their nurses and staff safe by providing them with the right tools to do so.

EPDs help eliminate errors, reduce the risk of injuries and avoid accidents.

This directly increases patient outcomes and nurse satisfaction. EPDs are an efficient, comfortable and effective option that will keep your staff healthy and your patients happy.

EDUCATION



BLOG: *Overweight Patients and Epidurals*



WEBINAR:
EPD vs E-EPD:
What are the options?



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